



THE LP INDEPENDENT TIMES

NEWS, STORIES, PICTURES, AND MORE



OCTOBER 2024

Frank Russo, Editor



Foggy Morning by Marsha Call



Here Comes the Sun by Marsha Call



VOTING by Dan Hale

A Guide for Legacy Pointe Residents to Vote in Seminole County

First, a little history: Twenty-four years ago, the fate of the presidency hinged on tiny slivers of paper. "Chads" became the source of much controversy in the state of Florida and across the nation in 2000 — which eventually swung the presidential election to George W. Bush despite the popular vote going to Al Gore. Americans learned the difference between a "hanging chad," where a punched piece of paper hung on at one corner, or a dimpled chad, where a ballot was not punched at all but indented. The design of voter ballots in 2000 ended up causing one of the most debated presidential victories in American history.

With the experience of the 2000 election constantly hanging over the state, Florida's leaders have made conducting smooth elections a point of pride. The state has been at the forefront of policy changes that make it easier for residents to vote *and* easier for officials to tabulate the results. It all came together in 2020. More than 11 million people voted in Florida that year—only California and Texas had more ballots to count. Incredibly, 93 percent of that total was publicly reported

by 9:30 p.m. on November 3, just 90 minutes after polls had closed across the state.

Election rules and equipment have one purpose: to accurately aggregate the will of the people. In Florida, all voting is by paper ballot. So, if there is a recount because of a close race, the voted ballots can be rescanned through a device (also known as a tabulator) that reads the choices made on a ballot, or these paper ballots can be manually examined as allowed by law. Election officials must keep ballots, like other election materials, for at least 22 months following the election.

Today: The state of Florida; and here in Seminole County, the Supervisor of Elections (SOE) office, go to great lengths to ensure your choice counts. Before the election, this is done through voter education and outreach. The most accessible source for voter information in Seminole County is the official website, voteseminole.gov. Among the many topics it covers, you can find out how to register to vote, the dates and methods of casting your vote, the locations of voting sites or precincts, and the names and offices of elected officials.

What you won't find is specific information regarding the individual candidates, such as bio graphics, their campaign platform, or position on issues. You also won't find information about any of the six proposed Florida constitutional amendments. That information is for you, the voter, to seek out, analyze, and make an informed decision. By statute, all election workers must remain non-partisan in everything that is said or done in the voting process.

**There are three traditional ways to vote,
depending on your personal preferences.**

ELECTION DAY - CLASSIC VOTING AT THE POLLS As residents of Legacy Pointe, your polling location is Precinct 080, located at the Oviedo Presbyterian Church, 2405 Lockwood Blvd, less than 2 miles away. On Election Day, November 5th, the polls will be open from 7 a.m. to 7 p.m. The address of the polling location can also be found on your voter information card, which was mailed to you. Please tear out the card and keep it for future reference.

EARLY VOTING - THE MOST POPULAR METHOD For the upcoming General Election, there will be 8 early voting sites spread throughout Seminole county. The closest sites for Legacy Pointe residents are the Oviedo Library located at 310 North Division Street or the Oviedo Gymnasium and Aquatic Center located at 148 Oviedo Blvd. Both locations are approximately 5 miles away. All early voting sites will be open every day from Monday, October 21st through Sunday, November 3rd during the hours of 7 a.m. to 7 p.m.

VOTE BY MAIL – NEVER A LINE TO VOTE AT HOME Many voters are no longer able to vote in person, or wish to avoid any lines at the polling sites by having a ballot sent to them by mail. You may request a ballot online at voteseminole.gov or by calling 407-585- VOTE (8683) to start voting from home. The last day to request a vote by mail ballot be sent to your home is October 24th. All vote by mail ballots must arrive at the SOE office on November 5th by 7:00 p.m. in order to be counted.



★ **There is an additional option offered to Legacy Pointe residents:**

Supervised Voting Of Vote-By Mail-Ballots

This program was offered by the Seminole County SOE office for the August Primary Election, and was well received by our residents. It will be an option for you again in the upcoming General Election. Here's the way it works:

- You must request a vote by mail ballot from the SOE office. If you have already done this for the August primary election, the request will automatically carry forward for the November 5th general election.
- You would have needed to sign up to have your ballot "captured" by the SOE office by noon on the 23rd of September. You needed to do this even

if you had your ballot delivered to Legacy Pointe for the previous Florida Primary Election that was held on August 20th. The SOE office will then deliver your ballot by courier to Legacy Pointe on October 14th

- On October 14th, between the hours of 9 a.m. and 2 p.m., you may come to the auditorium, retrieve your vote by mail ballot, fill it out, and return it to the SOE staff. The ballots will then be transported by courier to the SOE office.
- If you missed the deadline to sign up for your mail ballot to be delivered by the SOE staff, you can still stop by the auditorium on October 14th, drop off your vote by mail ballot and save \$1.01 in postage, or two forever stamps (\$1.43).

Finally: Would you like to become a member of the award-winning Seminole County election worker team for the 2026 election cycle? You'll gain a deeper insight into the voting process and possibly be teamed up with some of your fellow Legacy Pointe neighbors who are already working the elections. To be accepted as an election worker, you must agree to attend a half-day training session, view an online training module, and work on Election Day (typically a 14-hour day beginning at 6 a.m.). Again, please visit voteseminole.gov for more information and to sign up.

We hope this article has provided an informative look at the voting process and options available to you as residents of Seminole County and Legacy Pointe.

Space does not permit further details but if you have any questions, visit the voter website or contact Seminole County Elections at 407-585-VOTE (8683).

VETERANS ADDRESS
2023 MEMORIAL DAY CEREMONY
Legacy Pointe at UCF



This 2023 Memorial Day Address is repeated here as a request of Mitch Mitchell.

Ladies and Gentlemen, Fellow Veterans ...

This nation is now facing many critical challenges, both internally and externally. We live in a world where other nations seek our downfall and ruin. I am not overstating this.

Throughout all of history peoples and nations have sought to tear down others so they can arise as new leaders of the existing order. Most have used cunning coupled with brute power to undermine and conquer. A near-peer nation, China, is working tirelessly to do this.

Powerful nations with far reaches have crumbled as they have grown soft, grown careless, grown divided, grown far more interested in their leisures and in their personal pursuits than in safeguarding and protecting the realm.

They have followed leaders who were weak, leaders who sought to secure their own power and treasures rather than looking after their nation's. These erstwhile leaders frittered away the treasury of the people and sent the nation's sons and daughters out to face the enemies - far too often not to return - without sound reason and with no respect for the value of their nation's human treasure.

In the years ahead, all of us who live to share those years, along with all the citizens of this land, have the opportunity and the duty to select those who will lead this nation. I would say to you that all of us would be wise to select carefully.

We have grown divided as a nation; we have allowed many divisive entities to divide our nation, ripping out the seams of our national garment. We have allowed

internal issues which are important to each of us as citizens, but which do not touch on our survival as a nation, to dominate much of our thinking and our actions, and divide us deeply as a people.

In doing this we put aside or totally ignore dealing with the very real and the very difficult issues which will decide whether we, as a nation, continue to exist as a nation and, if so, do we retain our position as the leader of nations?

During our lifetimes we have been accustomed to this nation's power and leadership in the world. But, this position, this status, is very, very far from being guaranteed and can never be assumed! When we assume our own invincibility, we assume the armor worn by fools.

So, I return to leadership of our nation. It is our responsibility as citizens of this nation to put aside petty and lesser issues and focus on those critical to our survival. We must put aside our unthinking allegiance to one political faction or another that brings us into conflict, one against another. We must assume the responsibility for our lives and our actions and must inform ourselves of the issues and be ready to listen and to honestly debate these issues with determination to arrive at sound solutions.

We must seek to elect the best and the brightest to lead us, rather than those who look "pretty," who speak glibly, who make promises that all rational citizens know cannot be kept, or who are in politics for their own gain. We all know that politics is a dirty, nasty business: but we must select those who rise above it.

We must demand that our leaders wisely choose paths that will enhance our nation's security and that, in doing so, they exhaust all reasonable actions of diplomacy and statecraft before committing our nation's finest to fight on our behalf.

And, once we have asked our finest to fight and sacrifice in our defense, we must insure they are well led and supplied to ensure victory. And, after these men and women have served and sacrificed - we must look after these veterans and their families - and never abandon or forget those who were left behind.

I ask you to reflect on the sacred meaning of this day of remembrance and to say a special prayer for all the souls who have stood on the ramparts to defend this nation - the greatest and freest that the world has ever known. May we all pray that our God will continue to protect and guide this nation and its people. Thank you for being here today to honor our nation's best.

Lawrence W. Mitchell, III Colonel (United States Air Force - Retired)

WINNERS OF THE SENIOR CHEF SHOWDOWN



Michael McVey and Taylor Ebersole



Legacy Pointe is Number 1!

An announcement by David A. Kremer, Executive Director of Legacy Pointe at UCF: A huge congratulations today to Dining Services Director **Taylor Ebersole** and Executive Chef **Michael McVey** for taking the first place trophy last night in the **Senior Chef Showdown** competition in Orlando!!! We beat the Mayflower and Village on the Green as well as about a dozen other senior living communities who competed at the charity fundraiser. Attendees were each given tickets and had to cast their vote for the best food. All chefs competing had to create dishes using **corn** as a key ingredient. Happy to share some fun pictures with you this morning! Be sure to congratulate the dining team and check out the trophy!!! We can now say we have the top chefs of any senior living dining community in Orlando!



EARTH DAY IS REALLY 365 DAYS – Our Monthly Reminder



Photo By Maureen Reed

So, to keep Earth Day alive throughout 2024, the Legacy Pointe Independent Times will bring you monthly reminders about what you can do to make our planet bright blue and our air free from pollutants.



Photo by Vicki Tindall

The Theme for Earth Day 2024 is “Planet vs. Plastics”

THE LAWSUITS ARE HERE by Frank Russo

Corporate Lawyers have been warning Oil and Chemical Companies that they will be facing huge lawsuits over their production and their hiding from the public the dangers of ‘plastic dandruff’. It is alleged that these companies knew from the 1950s that plastic particles were released from all types of plastic.

Whether it be plastic bags, bottles, makeup, and clothes containing polyester they all shed particles. And these particles were of the forever chemical type which means they cannot be broken down by any current technology.



A plastics recycling plant in Vernon, Calif., in 2022

And the lawsuits have started. Here is the headline from NBC News: **They knew and they lied: California sues ExxonMobil, alleging deception about plastics recycling** by Evan Bush, Tuesday, 9/24/2024 at 2:19 AM EDT.

The Summary

- California Attorney General Rob Bonta is suing ExxonMobil, alleging the company misled consumers into believing that recycling was a viable solution for plastic waste.
- "Exxon Mobil knew that 95% of the plastic in the blue bin was going to be incinerated, go into the environment or go into a landfill"; Bonta told NBC News.
- The lawsuit represents a new avenue in the legal fight to hold fossil fuel companies responsible for pollution.

California's attorney general sued ExxonMobil on Monday, alleging that the company had waged a "campaign of deception" for decades to mislead consumers and convince them that recycling was a viable solution for plastic waste. The lawsuit, filed in Superior Court of California in San Francisco, says ExxonMobil promoted recycling as a "cure-all for plastic waste," even though the company knew that plastic would be difficult to eradicate and that certain methods of recycling could not process much of the waste produced.

It further alleges that ExxonMobil violated state regulations over water pollution and misleading marketing, among others.

"Exxon Mobil knew that 95% of the plastic in the blue bin was going to be incinerated, go into the environment or go into a landfill," California Attorney General Rob Bonta said in an interview. "They knew and they lied."

A link to the full article:

<https://www.yahoo.com/news/california-sues-exxonmobil-alleging-campaign-210358439.html>

Finally: Science to the Rescue

Plastics, turned into 200x stronger material than steel, can be used in industries

Polyethylene microplastics from waste dropper bottles can be efficiently transformed into graphene using APMP synthesis. Updated: Aug 14, 2024 05:25 PM EST in an article by Prabhat Ranjan Mishra:

Scientists have figured out a better option to deal with increasing plastic waste across the world. A team of researchers developed a breakthrough method that easily converts microplastics into a material that's harder than diamond and has an increasing demand in multiple industries. It is 200 times harder than steel.

A link to the full article:

<https://interestingengineering.com/science/plastics-turned-into-graphene>

PICKLEBALL ~ THE OFFICIAL OPENING

On Friday, October 4th at 9:45 am the Pickleball Courts had their official opening ceremony. David Kremer, along with staff Kristina Ferry and Bella Barrios were present.

David Kremer did the honors of a short tribute and recognition. The attainment of these courts was a long process which started about a year ago. It demanded dedication as Seminole County required more and more changes and documentation.

Other key players were Tony Mennella, Graham Ricks, Margaret Ziegler and a host of other generous donors as documented on this sign, mounted alongside the new Pickleball Courts.



It was a long time coming with many battles fought and won.

On the next page, see some of the others who contributed and helped.





It is still a good time for flowers to grow around L.P.





Images by Vicki Tindal

BOCCE

böch'ē

Bocce is a game of Italian origin similar to lawn bowling, played with wooden balls on a long narrow court covered with artificial turf or fine gravel.

The Bocce Ball Court, located outside behind the Bistro, is now open! You do not have to be a professional. All levels are welcome.

For now, just arrive around 8 AM and players stay until the sun comes around and hits the courts ... so you can count on almost 2 hours of 'cool 'play.



The Game is on!



So far it is not too close ...



Now this is close – a tenth of an inch?

STARK GRATITUDE - WHAT IS IT?

By Bill Malfitano

Mike Stark is a good friend of mine whom I first met in 2005. He is a person of intensity and embraces challenges such as competing in a Triathlon & personally

paying to complete a simulated, one week of Special Ops Military training in Jacksonville. He told me that they “beat my butt”.

He formed his **Stark Gratitude** organization based upon his life experiences and desire to “pay back” in some way our military men and women for their sacrifices.



*Mike Stark (center), his girlfriend Fowler, two Navy Seals,
and an Army Special Forces friend of Mike's.*

This was Mike Stark's second presentation to our residents. (The first was in September 2023.) Mike Stark's message to our residents:

My organization, **Stark Gratitude**, supports our nation's military through outdoor gator hunting adventures. Therapeutic healing of all sorts can occur in the great outdoors, surrounded by like-minded people and doing some, 'cool stuff'. Whether physical or mental healing is needed, sometimes just getting away on a new adventure makes all the difference.

Stark Gratitude has been working with veterans for over a decade and has partnered with The SEAL Future Foundation. SFF provides support to assist with

the transition from active duty to civilian life. This often the toughest battle they face.

I had the pleasure to meet members of SFF four years ago and now offer a gator hunt on my Airboat each year for selected SEALS.

Our goal is now to serve our nation's finest warriors who have served for us. Freedom isn't free and many have given the ultimate sacrifice.

Mike concluded his presentation with a Question & Answer session.



Photos by Vicki Tindall

OUR INTELLIGENCE (OI) versus ARTIFICIAL INTELLIGENCE (AI)

The Second AI Level by Frank Russo

Last month we talked briefly about **Artificial Intelligence (AI)** and to help us Senior citizens to get some basic understanding we 'unscientifically' set up four levels to help us understand AI.

Level One

First at Level One there is the '**text in and text out**' or 'word in and word out' levels. An example of the 'word to word' level is something we probably have used. We have asked 'Alexa' or 'Siri' a thousand questions. Or we have used the search engine on our computers (Edge, Google, FireFox, etc). We type in a text question, and we receive back a text answer. We can copy the answer into a document or into any other text.

Still staying at Level One but a little more sophisticated is the student who wants the computer to write a term paper about the "Development of Atomic Energy".

Regardless of the inquiry to the computer the answer at this level depends on how the computer system is designed. How much data does it have within its storage system (or 'cloud'), and did the "humans" (OI) who designed this system allow it to search the web for current data to supplement its stored data. Did the "humans" (OI) who designed this system allow it to evaluate the data and then present it in an understandable form.

So, at this level everything depends on the "humans" who designed and wrote the program software. Imagine if the "humans" failed to allow the computer to NOT search the 'world wide web' for the most current data, the student would receive a much lower mark since the data presented was not current.

Now for Level Two

Even at this level human **OI (Our Intelligence)** is the developer of computer software **to perform the 'task'**. So, we have left the 'word to word' level and have entered the 'action level'. This action has a level of complexity calling on science to design the 'tools' that will be used by the computer to perform a task.

For example, design a robot to work at a 'fixed' station on an automobile assembly line to perform a single task of installing an engine into the body of a car on the line and to stop if there is any 'programmed problems' encountered. Wow

what a challenging task for (OI). Every variable must be considered, and each algorithm must be tested. (OI) is still in charge but AI is starting to come on strong especially in the development of algorithms.

Next month we will follow with the third level, **Robotic Action 'Analysis and Decision'**. And finally level 'Four **robotic action to robotic action**.

Staff Sleepover during Hurricane Milton with children and grandchildren



Hurricane Milton came battering everything in its path on Wednesday and Thursday October 9th and 10th. Here at Legacy Pointe, we survived. We had minor roof leaks and water coming into the building from under some outside doors. A few trees were down but with the heavy rain we were fortunate.

A special "Thank You" to the staff who gave so generously of their time and in some cases brought their children and grandchildren here to be with them.

TECH CORNER by Joe Solymossy

IOS Password Recovery

Last month's tech class covered passwords and the increasing need for longer passwords and individual passwords for critical accounts like banks and credit cards.

Today I will discuss password recovery for your Apple systems. Although I will use Apple devices today, my comments also apply to Microsoft systems using WIN 10 or 11 operating system, or android telephones if you signed in with a Google account or the phone manufacturer's security account. By the way this event does happen more often than you think.

Our devices today differ from the devices we grew up with in one very significant way, and if we forget that when it comes to device/system password recovery, we can make it more difficult to impossible to recover our data. Our personal data, such as documents, music, pictures, and videos, as well as applications we buy or download free, are stored on the hard drive of our devices. On our apple devices, we store all this within an Apple Account and Password. Then we establish an iCloud backup to maintain a copy of this data. This process is generally followed for an iPhone, iPad, and a MAC computer. Each device can and should be signed in to the same Apple Account. In addition, the iPhone and iPad should have a **Passcode** to prevent unauthorized use of your phone. After all, your iPhone and iPad is now as good, or better than any computer you had before. (Today your Microsoft computer with WIN 10/11, and your Google Chrome accounts all utilize the iCloud to support your account data. Therefore the info on resetting your device will also apply).

The Apple devices owned by family members often share Apple ID's, or share phone numbers, or email addresses as verification for account recovery. However, in order to use these functions, you must also be able to access each of these devices, by knowing the device passcode.

If you forget the device passcode for your iPhone, iPad or MAC computer, **do not go to Best Buy, or the Apple Store for help. Nor allow anyone to talk you**

into resetting your Apple device(s) to factory specs. A factory reset removes all your data from that device. Recovering your Passcode or Password depends on having access to each of your Apple devices and the data it contains - yours.

Here is something you should write down somewhere and keep: the Passcode that opens each of your Apple devices, and the Pass Word for your MAC computer; especially if you use your finger print or face to open your device(it doesn't always work). Do not write down and keep your **Apple ID** in an easy to find place, but have some way to retrieve it. To make your life even easier, update your new phone number and email address in your Apple ID and MAC accounts. Then, if you can't retrieve either, please call me, and we'll start the process to retrieve your data.

LET'S GO TO A MOVIE!

Here are the Legacy Point Movies for October, November, and December 2024.

- UniGuest Activities provides a plot summary of each film.
- Movies are shown in the Auditorium.

Date	Time	Movie	Year	Run Time	Host
Sunday, 9/29/24	6pm	Slum Dog Millionaire	2008	2h	Linda Rude
Sunday, 10/6/24	6pm	The Natural	1984	2h 18 m	Bill Fernandez
Monday, 10/7/24	2pm	The War of the Worlds	1953	1h 25 m	Linda Rude

Sunday, 10/13/24	6pm	O Brother Where Art Thou	20 00	1h 47 m	Linda Rude
Wednesd ay, 10/16/24	7:30 pm	Elvis Movie "Aloha from Hawaii"	19 73	1h 27 m	Bill Weise
Sunday, 10/20/24	6pm	Master & Commander	20 03	2h 18 m	Bill Malfitan o
Sunday, 10/27/24	6pm	Walk the Line	20 05	2h 16 m	Linda Rude
Sunday, 11/3/24	6pm	Some Like it Hot	19 59	2h 1m	Bill Fernand ez
Monday, 11/4/24	2pm	The Thing	19 82	1h 49 m	Bill Weise/Cl are
Sunday, 11/10/24	6pm				
11/11/202 4 Veterans Day	2pm	"<u>In Harms Way</u>" 1965 2h 47m "<u>Sink the Bismark</u>" 1960 1h 36m,_ "<u>To Hell &</u>			Bill Weise

		<u>Back" 1945</u> 1h 45m			
Sunday, 11/17/24	6pm				
Wednesday, 11/20/24	7:30 pm	Concert?			
Sunday, 11/24/24	6pm				
Sunday, 12/1/24	6pm				
Monday, 12/2/24	2pm	The Blob	19 58	1h 23 m	Bill Weise/Claire

And The Movie Winners Are ...



Left to right: Helena Andrade, Carol Wheeler, Nancy Cosgrove and Joan Battard.

A look at the Opera Macbeth that took place in the Legacy Pointe Auditorium on September 24, 2024 at 7:00 pm. Some of the Cast ~





RECYCLING SUMMARY

According to Waste Management - our recycling vendor, articles to be eligible for recycling are as follows:

- a. Cans – steel, tin, and aluminum.
- b. Plastic Bottles and Containers which have numbers imprinted on them.
Those eligible are numbers 1, 2, 3, 4, 5, and 7. Please only those numbers
- c. Paper – all sorts of newsprint, computer paper, paper bags, etc.
- d. Paper Cardboard Dairy & Juice containers (please rinse out).
- e. Flattened Cardboard & Paperboard (no boxes unless broken down – flat!)
- f. Glass bottles & Jars (rinsed out, of course)

Villa Residents Please put recycling items in a plastic bag and have them out at the curb by 11am on Wednesdays. Our team will empty those bags into the recycling dumpster. If we find that the system is not working, we'll revise!

I.L. Residents Please use the recycle bins in the trash rooms but leave cardboard on the floor.

Not recyclable:

- a. Food waste
- b. Plastic bags of any kind (take these to Publix)
- c. No Polystyrene Foam products (take these to Publix)

UCF 2024 FOOTBALL SCHEDULE: Dates & Kickoff Times

The 2024 college football season has started and [UCF](#) is looking to improve significantly over its 6-7 season last year.

The Knights joined the Big 12 in 2023. The 2024 Big 12 will add Colorado, Arizona, Arizona State and Utah.

[UCF 2024 football schedule](#)

Date	Time (ET)	Opponent	Score
Thur., Aug. 29	7 p.m.	home New Hamps	W 57 - 3
Sat., Sept. 7	6:30 p.m.	home S. Houston	W 45 - 14
Sat., Sept. 14	7:30 p.m.	at TCU*	W 35 - 34
Sat., Sept. 21	--	OPEN	
Sat., Sept. 28	TBA	home Colorado*	L 21 - 48
Sat., Oct. 5	6-8 p.m.	at FL Gainesville	L 13 - 24

Sat., Oct. 12	TBA	home Cincinnati*
Sat., Oct. 19	TBA	at Iowa State*
Sat., Oct. 26	TBA	home BYU*
Sat., Nov. 2	TBA	home Arizona*
Sat., Nov. 9	TBA	at Arizona State*
Sat., Nov. 16	--	OPEN
Sat., Nov. 23	TBA	at West Virginia*
Friday, Nov. 29	8 p.m.	home Utah*
Sat., Dec. 6	TBA	Big 12 Championship Game#

*** Big 12 game; # in Arlington, Texas**

GARDENER'S CORNER

Guess who's headed for breakfast in our raised bed garden. A good size buck!



"Buck" the deer was frightened away by LP resident Ed Rosack, who just happened to have his iPhone camera handy. Crisis in the garden averted!



A Fun Photo by Vicki Tindall

SOCIAL, PHYSICAL, & NUTRITIONAL ASPECTS OF “SENIOR LIVING”

Shared for your interest ... we do not make any claims or recommendations.

This month we are going to ‘condense’ our usual 3 separate articles on Social, Physical & Nutritional Fitness into this 1 recommended article:

Seniors’ Nutrition Information, Your Guide To Eating

Well <https://www.greatseniorliving.com/health-wellness/senior-nutrition>

DO YOU NEED TO GET OUT AND DO SOMETHING?

Do you want to take a little trip for a change of scenery? Check out these 25 suggestions for short trips from Oviedo!

<https://www.orlandoweekly.com/orlando/25-easy-weekend-road-trips-from-orlando-everyone-should-do-at-least-once/Slideshow/35988297/35989533>

IF YOU DON'T WANT TO LEAVE LEGACY POINTE ...

Check out Kristina Ferry's weekly Activity email postings to LP residents! See also the daily/weekly Activities section in the UniGuest app.

Here are some of the many available clubs and activities to participate in:

- **Arts & Crafts:** Artist's Club; Blanketeers Workshop
- **Dance:** Dance Club; Line Dancing
- **Exercise:** Aqua Aerobics; Low Impact Cardio Dance; Sunrise Tai Chi; Chair Fit; Silver Sneakers; Yoga (Seated, Chair and Mat versions)
- **Fun & Games:** Bridge (Casual; Practice Group; Evening Group); Canasta; Chess; Game Night; Mahjong; Mexican Train Dominoes; Spade
- **Gardening:** Garden Club
- **Literary:** Book Club; Writer's Group
- **Music:** Recorder (wind instrument) Class; Voices of Legacy Choir
- **Veterans:** Veterans Special Interest Group(s)
-

FYI ~ THE LP NEWSLETTER LOGO

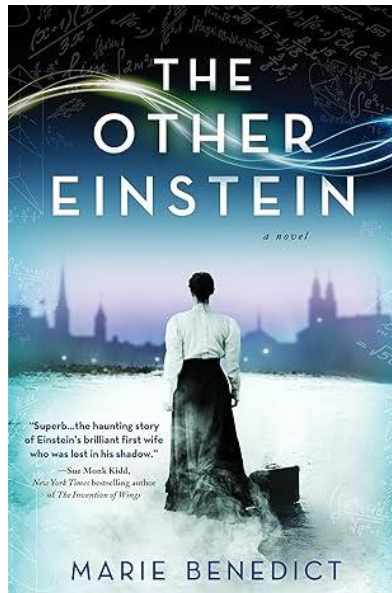
The blue and yellow leaves represent Legacy Pointe's colors.

The green leaves (growing higher) represent the continuing growth provided by our residents.

This beautiful design was created by LP resident Jonathan Wahl.

THE LEGACY POINT BOOK CLUB

The Legacy Pointe Book Club meets the third Tuesday of the month at 3 PM in the Card Room. ***Our Book for October is called *The Other Einstein* by Marie Benedict.***



From beloved New York Times and USA Today bestselling author Marie Benedict comes the story of a not-so-famous scientist who not only loved Albert Einstein, but also shaped the theories that brought him lasting renown.

In the tradition of Beatriz Williams and Paula McClain, Marie Benedict's *The Other Einstein* offers us a window into a brilliant, fascinating woman whose light was lost in Einstein's enormous shadow. This novel resurrects Einstein's wife, a brilliant physicist in her own right, whose contribution to the special theory of relativity is hotly debated. Was she simply Einstein's sounding board, an assistant performing complex mathematical equations? Or did she contribute something more?

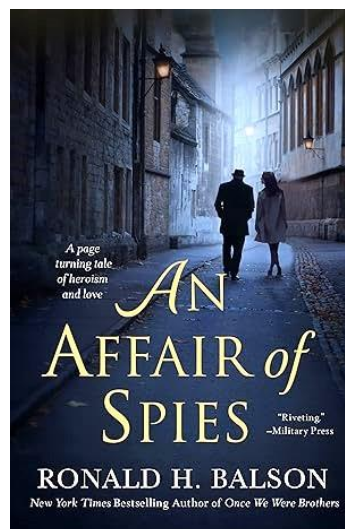
Our Book for November is called *Affair of Spies* by Ronald Balson.

From the winner of the National Jewish Book Award - Ronald H. Balson's **An Affair of Spies** tells of a spy mission to rescue a defector from Germany and prevent the Nazis from creating an atomic bomb.

Nathan Silverman grew up in Berlin in the 1920s, the son of a homemaker and a theoretical physicist. His idyllic childhood was soon marred by increasing levels of bigotry against his family and the rest of the Jewish community, and after his uncle is arrested on Kristallnacht, he leaves Germany for New York City with only his mother's wedding ring to sell for survival.

While attending an evening course at Columbia in 1942, Nathan notices a recruitment poster on a university wall and decides to enlist in the military and help fight the Nazi regime. To his surprise, he is quickly selected for a special

assignment; he is trained as a spy, and ordered to report to the Manhattan Project.



There he learns that the Allies are racing to develop a nuclear weapon before the Nazis, and a German theoretical physicist is hoping to defect. The physicist was a friend of his father's, and Nathan's mission is to return to Berlin via France and smuggle him out of Europe.

HARVEST MOON * FULL MOON * SUPER MOON * PARTIAL ECLIPSE

Occurred on Tuesday night, September 17, 2024

A Harvest Moon is a Full Moon closest to Autumnal Equinox. It was also a Super Moon (looked bigger and brighter). At 9:44 PM there was a partial eclipse. Earth

passed between the Sun and the Moon and the top 8% of the Moon's surface was partially eclipsed. NASA says this combination happens every 10 years.



© Lauren Owens Lambert/Reuters



© Ozan Kose/AFP via Getty Images

Pictures submitted by Mary Catherine Ricks

Super Moon



Photo by Dona Hams

SPACE LAUNCHES AT KENNEDY SPACE CENTER FOR OCTOBER 2024



Photo by Joyce Swing

For list of all Launches check this website suggested by John Boldt.

<https://nextspaceflight.com/launches/>

SURFING THE INTERNET

You could spend your whole day just sitting and surfing. If you do this your entire body will fall apart from lack of exercise. So, our newsletter is asking its readers who spend just a few minutes a day surfing to send along some links to articles that may be interesting or funny or extremely important. **Send links to Frank Russo** at frankrusso2012@gmail.com

AI can radically lengthen lifespans, says futurist Ray Kurzweil | Fortune

<https://fortune.com/well/article/a-i-radically-lengthen-lifespan-ray-kurzweil/>

Feedback? Stories? Photos?

Send to Frank Russo at frankrusso2012@gmail.com

THE LEGACY POINTE RESIDENTS FORUM

Remember to **SIGN UP** for the LP Residents Forum!

<https://lpresidentsonline.org/smf>

You can easily set up your login and password. The Forum is a place for you and your neighbors to come together . . . To create a knowledge base . . . To go beyond a community to becoming a family. We hope to see you online soon. If you need help, email Forum Administrators Jonathan Wahl 47ipsd@gmail.com or Ina Hunt utgrad@attglobal.net

And in case you missed any issues, click the following link to access the complete Newsletter Archive: LP Residents Forum - Residents Newsletters

lpresidentsonline.org)

Please check out **In Memoriam**, the latest Category on your Legacy Pointe Forum. It is a place where we can express our love and memories of cherished members of our Legacy Pointe Family who are no longer with us. A place to celebrate their lives and ensure they will not be forgotten. And a place to draw comfort from our shared memories. Please feel free to share pictures, stories, memories, tributes, and obituaries. To Create a memorial, click **New Topic** and type the person's name. To add your sentiments to an existing memorial, click **Reply**.

If you have any questions please contact Forum Administrators Jonathan Wahl or Ina Hunt (email addresses above).

OUR DAY ENDS



Photos by Dona Hams (above)



Photos by Marsha Call (above)

Sunrise just before storm Helene by Dona Hams (below)

